



Welcome to *Lake Nona.*

A vibrant and connected community designed with people at its heart. Planned and developed by Tavistock Development Company, this 17-square-mile community in Orlando, Florida, brings neighbors together through thoughtful design and forward-thinking initiatives that integrate technology, mobility, health and wellbeing. We're proud to welcome you to a place where you can live, work, play and thrive together.

Start Here: [Overview of Lake Nona](#)
[Lake Nona Map](#)



Find Your *Fit*

Living in Lake Nona means being part of a connected, future-forward community where innovation and wellness are woven into everyday life. With parks, trails, dining, top schools and Orlando International Airport just minutes away, Lake Nona supports every stage of life.

Explore the Neighborhoods: [Lake Nona Neighborhoods](#)
[Lake Nona Magazine](#)



Prioritizing Health & *Performance*

Unique to Lake Nona, the Lake Nona Performance Club (LNPC) is our premier fitness, sports and integrated wellness facility dedicated to whole-person health. Whether you're beginning your wellness journey or training at a high level, LNPC provides the tools, programming and expert guidance to help you achieve your goals.

Learn More: [Lake Nona Performance Club](#)



Experience More *Every Day*

From one-of-a-kind sports and arts venues to nearly 1,000 community events each year, Lake Nona is a regional destination unlike any other. The community offers a wide variety of restaurants, unique experiences and activities — all connected by miles of trails and innovative mobility solutions.

Restaurants

[Lake Nona Eats](#)

Events

[See all the
Lake Nona events](#)

Life & Culture

[Learn about Lake Nona](#)

Lake Nona Town Center

[Explore the Center of it All](#)

Lake Nona Resources

[View Your Guide to
Lake Nona](#)

Stay in the Know

[Subscribe to Our
Newsletter](#)



*We're glad
you're here!*

Lake Nona is more than a place to work—it's a connected, collaborative ecosystem where innovation and community thrive. Whether you're looking to build partnerships or tap into local resources, the contacts below are a great place to start making the most of everything Lake Nona has to offer:

[Lake Nona Chamber of Commerce](#)

[Lake Nona Social](#)

[Nonahood News](#)

Be sure to
download the
Lake Nona App!

For media inquiries, please contact: media@tavistock.com